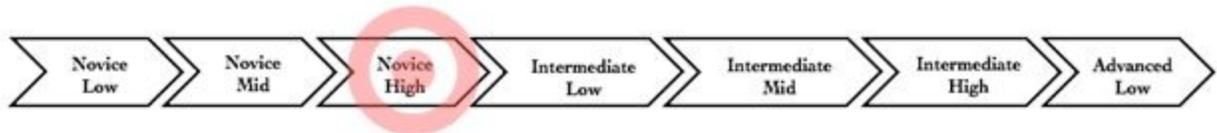




## World Languages

### Healthy Living

## Level 1 - UNIT 5 Overview: HOW DOES MY LIFESTYLE IMPACT MY HEALTH?



PERFORMANCE CONTINUUM (Semester 2)		
NOVICE MID	NOVICE HIGH	INTERMEDIATE LOW
<b>BELOW EXPECTATIONS</b>	<b>LOWEST ACCEPTABLE PERFORMANCE</b>	<b>TEACH TO...</b>
<b>Approaching Expectations</b> I can communicate on very familiar topics using a variety of words and phrases that I have practiced and memorized..	<b>Meeting Expectations</b> I can communicate and exchange information about familiar topics using phrases and simple sentences, sometimes supported by memorized language. I can handle short social interactions in everyday situations by asking and answering simple questions.	<b>Exceeding Expectations</b> I can participate in conversations on a number of topics using simple sentences. I can handle short social interactions in everyday situations by asking and answering simple questions.

PERFORMANCE TARGET
I CAN HAVE A CONVERSATION ABOUT MY HEALTH.

SUMMATIVE ASSESSMENT		
<p>You've gotten a summer job at the Lahey Clinic in Arlington working as a Spanish/French/Italian/Mandarin language translator. To prepare for your job, you need to read up on basic medical expressions, words to describe healthy living, and how to give patients medical advice. The Clinic has also asked you to prepare some materials to support their clients. First, you will do some reading about medical terminology and healthy living to prepare. Then you will work on your translation skills with a partner, practicing translating what ailments they have from the target language to English, as well as translating advice the doctor will give from English to the target language. Finally, you will prepare a flier and a short video in the target language about healthy living habits and simple ways to treat common medical issues, both of which will be posted on the Clinic's website for their clients.</p>		
Interpretive	Interpersonal	Presentational
You will read infographics on healthy living, listen to conversations in which people talk about how they maintain a healthy lifestyle and any medical issues they might be having. You will then answer questions about what you have read and listened to.	You will show your translation skills with a partner, translating what ailments they have from the target language to English, as well as translating advice the doctor will give from English to the target language.	You will prepare a flier and a short video presentation about healthy living habits and simple ways to treat common medical issues.

ADVANCED PLACEMENT ALIGNED THEMES
Global Challenges



## World Languages

### Healthy Living

## Level 1 - Unit 5: HOW DOES MY LIFESTYLE IMPACT MY HEALTH?

### PERFORMANCE TARGET

I CAN HAVE A CONVERSATION ABOUT MY HEALTH.

**PERFORMANCE OBJECTIVE 5.1:** I can talk about what I do every day to stay healthy.

**PERFORMANCE INDICATOR 5.1A** I can describe daily activities I do to take care of myself, what kinds of exercises I do, and ask someone else for the same information.

		Learning Targets What will learners be able to do?	Language Chunks & Vocabulary What will learners need to know or understand?	Check for Understanding How will learners demonstrate what they can do with what they know?	
	<b>INPUT:</b> Reading/Listening Interpretive	I can identify daily activities and exercise routines people do to take care of themselves based on what I hear.	<ul style="list-style-type: none"> <li>I go to bed early at night.</li> <li>I brush my teeth after I have breakfast.</li> <li>I do yoga and I work out twice a week.</li> </ul>	<ul style="list-style-type: none"> <li>Parts of the body</li> <li>Simple daily routines</li> <li>Activities to stay healthy (to work out, to stretch, to lose weight, to do yoga, etc.)</li> <li>Reflexive verbs in the present tense and infinitives</li> </ul>	Listening check
		I can identify daily activities and exercise routines people do to take care of themselves based on what I read.			Reading check
	<b>OUTPUT:</b> Interpersonal and/or Presentational	I can write about daily activities and exercises I do to take care of myself.			Writing prompt
		I can present orally daily activities and exercises I do to take care of myself.	Presentational speaking check		
		I can ask and respond to basic questions about what I do every day to take care of myself, as well as my exercise routine.	Interpersonal speaking check		

### FORMATIVE PERFORMANCE ASSESSMENTS

INTERPRETIVE	INTERPERSONAL	PRESENTATIONAL
You will listen to and read short descriptions of what people from the target culture do to stay in shape and take care of themselves and respond to questions about what you read or heard.	You will have a conversation with a partner in which you find out what they do to stay in shape and take care of themselves every day.	You will tell the class what you do every day to take care of yourself, and what exercise routine you follow.



## World Languages

### Healthy Living

## Level 1 - Unit 5: HOW DOES MY LIFESTYLE IMPACT MY HEALTH?

### PERFORMANCE TARGET

I CAN HAVE A CONVERSATION ABOUT MY HEALTH.

**PERFORMANCE OBJECTIVE 5.2:** I can describe what's wrong with me if I'm sick.

**PERFORMANCE INDICATOR 5.2A** I can describe how I'm feeling and what's wrong with me, say some things I should do to feel better, and ask someone else for the same information.

		Learning Targets What will learners be able to do?	Language Chunks & Vocabulary What will learners need to know or understand?		Check for Understanding How will learners demonstrate what they can do with what they know?
	<b>INPUT:</b> Interpretive Reading/Listening	I can understand what is wrong with someone and what they should do to feel better based on what I hear.	<ul style="list-style-type: none"> <li>• My head hurts.</li> <li>• I'm sick.</li> <li>• I have a cold.</li> <li>• I feel tired.</li> <li>• My friend should stop smoking.</li> <li>• My back hurts. I should take an aspirin.</li> </ul>	<ul style="list-style-type: none"> <li>• Basic medical ailments</li> <li>• Basic advice to heal each medical ailment</li> <li>• Should</li> <li>• To feel</li> <li>• Adjectives related to how you feel (sick, tired, depressed, etc.)</li> </ul>	Listening check
		I can understand what is wrong with someone and what they should do to feel better based on what I read.			Reading check
	<b>OUTPUT:</b> and/or Presentational	I can write a note describing how I'm feeling, what's wrong with me, and some things I should do to feel better.			Writing prompt
		I can present orally how I'm feeling, what's wrong with me, and some things I should do to feel better.			Presentational speaking check
		I can ask and respond to questions about how I'm feeling, what's wrong with me, and what I should do to feel better.			Interpersonal speaking check

### FORMATIVE PERFORMANCE ASSESSMENTS

INTERPRETIVE	INTERPERSONAL	PRESENTATIONAL
You will listen to conversations in which people describe how they're feeling, what's wrong with them, and what they should do to get better.	You will have a conversation with a partner in which you talk about how each of you are feeling, what's wrong with you, and what each of you should do to feel better.	You will present yourself and one other student to the class saying how you're feeling, what's wrong, and what each of you should do to feel better.



## World Languages

### Healthy Living

## Level 1 - Unit 5: HOW DOES MY LIFESTYLE IMPACT MY HEALTH?

### PERFORMANCE TARGET

I CAN HAVE A CONVERSATION ABOUT MY HEALTH.

**PERFORMANCE OBJECTIVE 5.3:** I can give advice on how to stay healthy.

**PERFORMANCE INDICATOR 5.3A** I can tell people how to stay healthy, what to do to get better if they're sick, and what to do to recover from an illness.

	Learning Targets What will learners be able to do?		Language Chunks & Vocabulary What will learners need to know or understand?		Check for Understanding How will learners demonstrate what they can do with what they know?	
		INPUT: Interpretive Reading/Listening	I can identify recommendations for healthy living and getting over an illness/injury based on what I hear.	<ul style="list-style-type: none"> <li>I have to do yoga because my back hurts.</li> <li>Go for a walk every day!</li> <li>Aspirin? Take it every day to help your back.</li> <li>Brush your teeth twice a day.</li> <li>Go to bed early every night.</li> </ul>	<ul style="list-style-type: none"> <li>Affirmative and negative commands with object pronouns</li> <li>To have to</li> </ul>	Listening check
I can identify recommendations for healthy living and getting over an illness/injury based on what I read.			Reading check			
OUTPUT: Interpersonal and/or Presentational		I can write suggestions or commands telling people what to do to stay healthy and get over an illness/injury	Writing prompt			
		I can present orally what things people should and shouldn't do to stay healthy or get over an illness/injury	<ul style="list-style-type: none"> <li>What should I do to stay healthy?</li> <li>What are good/bad daily habits?</li> </ul>			Presentational speaking check
		I can ask and respond to basic questions about what to do to stay healthy or get over an illness/injury.				Interpersonal speaking check

### FORMATIVE PERFORMANCE ASSESSMENTS

INTERPRETIVE	INTERPERSONAL	PRESENTATIONAL
You will listen to advice on maintaining a healthy lifestyle, getting over an illness, and recovering from an injury.	You will have a conversation with a partner in which you tell each other how to maintain a healthy lifestyle, get over an illness, and recover from an injury.	You will make a short presentation in which you tell the class how to maintain a healthy lifestyle, get over an illness, and recover from an injury.